



LUNCH

JANUARY 2021

HIGH AND MIDDLE

Menu subject to change



Monday

Tuesday

Wednesday

Thursday

Friday



1

NEW YEARS DAY

4 Chicken Quesadilla
Mexican Rice Salsa
Queso Cheese Chips
Fruit
Milk

5 Bacon Cheeseburger / BLS
Baked Beans
Potato Wedges
Fruit
Milk

6 Taco / Shells
Shredded Cheese
Shredded Lettuce
Salsa
Fruit
Milk

7 Bar-B-Que Rib/Shredded
Augratin Potatoes
Fruit
Milk

8 Chicken Fried Steak
Mashed Potatoes / Gravy
Green Beans
Fruit Hot Roll
Milk

11 General Tso' Chicken
Egg Roll Rice Pilaf
Steamed Vegetables
Fruit
Milk

12 Bacon Chicken Cheddar/BLS
Baked Beans
Potato Wedges
Fruit
Milk

13 Spaghetti / Meat Sauce
Lettuce
Fruit
Bread Stick
Milk

14 Popcorn Chicken
Macaroni & Cheese
Green Beans
Fruit
Milk

15 Chicken & Noodles
Mashed Potatoes / Gravy
Corn
Fruit Hot Roll
Milk

18 Martin Luther King Day
Chicken Quesadilla
Mexican Rice Salsa
Queso Cheese Chips
Fruit
Milk

19 Chicken Quesadilla
Mexican Rice Salsa
Queso Cheese Chips
Fruit
Milk

20 Taco / Shells
Shredded Cheese
Shredded Lettuce
Salsa
Fruit
Milk

21 Fettuccine Alfredo
Grilled Chicken
Lettuce
Fruit Bread Stick
Milk

22 Chicken Fried Steak
Mashed Potatoes / Gravy
Green Beans
Fruit Hot Roll
Milk

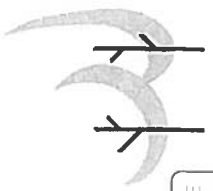
25 General Tso' Chicken
Egg Roll Rice Pilaf
Steamed Vegetables
Fruit
Milk

26 Popcorn Chicken
Macaroni & Cheese
Green Beans
Fruit
Milk

27 Corn Dog or Coney
Baked Beans
Potato Wedges
Fruit
Milk

28 Chicken Quesadilla
Mexican Rice Salsa
Queso Cheese Chips
Fruit
Milk

29 SNOW MAKE-UP DAY #1



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