

Recess Guidelines K-5

A primary focus of our teachers and staff is to ensure that we provide our children with a safe and caring learning environment during school. Consistent with this commitment, we have established the following procedures to safeguard elementary students when cold weather approaches or a heat advisory is issued:

Heat Advisories

- **Temperature/Heat Index less than 95 degrees**
 - **--Normal recess will be held**
- **Temperature/Heat Index 95-100 degrees**
 - **Outdoor recess will be limited to 10 minutes. The remainder of time will be indoors.**
 - **No blacktops. Grassy areas in use only. If Grass not available, then recess will be indoors.**
- **Temperature/Heat Index 101-104 degrees--Indoor recess will be held**

Cold Weather

- **Temperature/Wind Chill at or more than 32 degrees**
 - **Normal recess will be held**
- **Temperature/Wind Chill 26-31 degrees**
 - **Outdoor recess will be limited to 15 minutes. The remainder of time will be indoors.**
- **Temperature/Wind Chill below 25 degrees**
 - **Indoor recess will be held**